

How to Watch a Crit

What is a Criterium or "Crit" Race?

Criterium racing is one of the most exciting forms of bicycle racing - riders compete on a closed-course approximately one mile in length over a 30-60 minute race. Each race is a chess match of sorts where teams and riders strategize to beat their competitors to the line on the final lap of the race!

How Do I Know Who is Winning?

The winner of each race category is the rider who crosses the finish line first on the final lap, but there are also several "races within the race" called "prime" laps. These intermediate races are for prizes or money, and create a great burst of energy and excitement before the final lap. With 2-3 laps to go, teams and racers begin to pick up the pace, and each race ultimately comes down to the first rider to cross the line on the final lap.

Crit Racing In Clear Lake

Crit racing allows spectators to be within arms-reach of the racing action. The hum of wheels rounding corners, the sound of shifting out of corners, and the rush of the air as a field of cyclists rushes down the road - it doesn't get more exciting than this! Please remember to keep clear of the course and only cross when instructed by course marshalls.

Criterium Course Map



For complete festival information and race weekend online registration:
www.bicyclebluesbbq.com

THANK YOU

TO ALL OF OUR SPONSORS
WHO HELP KEEP THE BLUES
ROCKIN' AND THE
RIDE ROLLIN'!

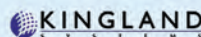
PRESENTING SPONSORS



EVENT SPONSORS



PLATINUM SPONSORS



15TH ANNUAL
**BICYCLE,
BLUES AND
BBQ** JULY
12-14
2019

CLEAR LAKE - IOWA

CLEAR LAKE - IOWA

THURSDAY - JULY 11
with Walter Trout (*Tickets at the Surf Ballroom*)

FRIDAY - JULY 12
BLUES: 5:00 - 10:30 p.m.

- Ross William Perry
- Heather Newman Band
- Dee Miller Band

BBQ: Regional Vendors
BIKES: Race Registration
6:00 - 8:30 p.m.

SATURDAY - JULY 13
BIKES: Time Trial and Criterium Races

Free Kids' Race - 2:30 p.m.

BEER: Brews on the Beach

Craft Beer Festival
BLUES: Shawn Holt & the Teardrops

8:30 p.m.

BBQ: Regional Vendors

SUNDAY - JULY 14
BIKES: Road Race - 10:00 a.m.

Omnium Awards

For more information visit:
www.bicyclebluesbbq.com

Blues Festival

This year's Blues Festival starts Friday, July 12 at 5:00 p.m. with Ross William Perry, a gifted songwriter and guitarist, followed by the powerful Heather Newman Band. At 8:30, we welcome back our headliner, the "Duchess of Blues," Dee Miller and her band playing a variety of R&B



Ross William Berry

deep-cut covers. Saturday, July 13 at 8:30 p.m. Shawn Holt & the Teardrops will bring their high energy, hard-driving sound to City Park for all to enjoy!



Heather Newman Band



Dee Miller Band

Featuring
Shawn Holt & the Teardrops
Saturday • 8:30 p.m.

BLUES KICKOFF PARTY!
with Walter Trout
Thursday, July 11
Tickets at Surf Ballroom

Bike Races

As part our 15th anniversary of the Bicycle, Blues and BBQ, we are proud to host the Iowa Criterium Championship AND the Iowa Memorial Race Cup Series! Our championship bike-racing weekend kicks off early on Saturday, July 13 with a 7 mile time trial followed by an action-packed day of criterium racing along the lakeshore and downtown Clear Lake. Sunday morning, bike racers will depart on the final stage of the event in a road race across North Iowa. Overall weekend Omnium results and Iowa Memorial Race Cup Series standings will be presented following the road race.

- Time Trial - 7:30 a.m. - Lions Field
- Iowa Criterium Championships 11:00 a.m. – City Park
- Free Kids' Race - 2:30 p.m. - City Park
(Age 10 and under – onsite registration required)
- Sunday - Road Race 10:00 a.m. - Tourist Park

Criterium Race Schedule

Categories	Start Times	Categories	Start Times
Juniors M/F 9-14	11:00-11:20	Masters 50+ & 60+	3:15 - 3:55
Juniors M/F 15-18	11:30-12:00	Men Cat 5	4:05 - 4:35
Women Cat 3,4,5 & 40+	12:10-12:40	Men Cat 3	4:45 - 5:30
Men Cat 4	12:50 - 1:25	Women Pro 1,2,3	5:45 - 6:45
Masters 40+	1:35 - 2:20	Men Pro 1,2	7:00 - 8:15
Kids Race	2:30 - 3:00		

Brews on the Beach

Is all this talk of bikes, blues and BBQ making you thirsty? If you are over 21, you're in luck! The fourth annual Brews on the Beach Craft Brew Festival is serving up the suds on Saturday, July 13 along the shores of Clear Lake. The event features 25 Iowa craft brewers. Space is limited to 850 attendees and this event typically sells out so get your tickets now!

- Saturday, July 13, 2019
- Clear Lake Seawall on North Lake View Drive
- For tickets visit: www.brewsonthebeach.com

\$45 VIP 12 noon - 4 p.m.

A Limited Number of Tickets Available!

\$30 General Admission 1 p.m. - 4 p.m.



Regional BBQ Vendors
Friday & Saturday



Sponsored in part by the Iowa Economic Development Authority and the North Iowa Sports Authority